



Eating out in Rhode Island

Vegan/Vegetarian Restaurants

- Plant City – a Vegan Food Hall – the nation’s first
- PIANTA – take-out pasta, handhelds, small plates, bowls
- Beatnic (formerly by Chloe)– vegan sandwich and sweets on Thayer Street
- Garden Grille – awesome lunch/dinner
- Wildflour Café – vegan bakery next to Garden Grille
- Veggie Fun – Asian restaurant downtown with delicious look alike dishes
- Like No Udder – vegan ice cream - Ives Street
- Foglia – new restaurant in Bristol serving Italian-themed entrees
- Thrive Tribe Café – Vegan café, crepes, baked goods
- Sprout and Lentil – Middletown vegan eatery
- Plant City X – vegan fast food in Middletown and Warwick
- Raw Bobs – vegan bowls and juices in EG

Restaurants with Vegan Options

- AS220 – vegan option for every item
- Julian’s – Broadway – vegan options
- Nicks on Broadway – vegan options
- Indian restaurants: Rasoi has a vegan buffet on Saturdays
- Waterman Grill – cauliflower entrée
- Gracie’s – vegan upon request
- Rosalina’s Italian Restaurant – cauliflower steak, downtown
- The District – lots of options
- Alforno’s – roasted vegetable platter
- Noodles 102 – Soba noodles, tofu - Ives St
- Haruki’s – Japanese with brown rice and vegan rolls
- Y Noodle & Bar – W Fountain St
- Flatbread Pizza – vegan pizza
- Nice Slice – Westminster St
- Tallulah’s Taco – Ives St
- Chipotle and Baja’s on Thayer both have brown rice
- Naked Food RI – take out oil free vegan upon request
- Blue Water Grill – Barrington – Summer Buddha Bowl
- Crazy Burger – Narragansett burger place with vegan options